



# Quiz Mash-Up

## A little on Lent, a little on youth ministry

DAVID O'BRIEN

This quiz can help you, your students, and your students' families review our Catholic faith. Check your answers against the answer key on page 3.

**1** \_\_\_\_\_ is the event every three years when the Pope gathers with youth and young adults from around the world for prayer and celebration of our Catholic faith.

- a) Pope camp b) World Youth Day
- c) Pope-a-looza d) Teen Mass

**2** As baptized members of the Church, young people are expected to live as disciples of Jesus \_\_\_\_\_.

- a) when they get married and have children b) when they become adults
- c) never d) right now

**3** "Turn away from \_\_\_\_\_ and

be faithful to the Gospel" is the exhortation Catholics hear when we receive ashes on Ash Wednesday.

- a) candy b) bullies c) sin d) your enemies

**4** Some churches use the more ancient Ash

Wednesday exhortation:

"Remember that you are \_\_\_\_\_ and to \_\_\_\_\_ you will return.

- a) dirt b) dust c) a saint d) a sinner

**5** Youth ministry encourages teens to fully participate in the life, mission, and work of \_\_\_\_\_.

- a) car washes b) Christian rock music
- c) altar serving d) the Catholic faith community

**6** Youth ministry is a form of daycare for middle and high schoolers. True | False

**7** When God called \_\_\_\_\_ to become a prophet, \_\_\_\_\_ said "I do not know how to speak. I am too young!"

- a) Micah b) Joel c) Billy Graham
- d) Jeremiah

**8** "Let no one have contempt for your \_\_\_\_\_, but set an example for those who believe, in speech, conduct, love, faith, and purity" (1 Timothy 4:12).

- a) athletic ability b) grades c) youth
- d) height

**9** In 1993, the city of \_\_\_\_\_ hosted Pope John Paul II at the only WYD in the United States.

- a) Denver b) New York c) Los Angeles
- d) Toledo



- 10** Youth ministry addresses all of the following except:  
**a)** who Jesus calls us to be **b)** how to become a professional video gamer **c)** how to forgive those who hurt us **d)** why we need to be cautious and selective in how we use media
- 11** Sunday school/faith formation/catechesis and youth ministry are total opposites and have nothing in common.  
 True | False
- 12** Growing in virtue and moral living is a project that lasts \_\_\_\_\_.  
**a)** one's whole life **b)** only during the teen years **c)** until you become an expert **d)** a week
- 13** A popular Lenten activity is \_\_\_\_\_.
- a)** eating pizza on Fridays  
**b)** complaining **c)** praying 20 rosaries a day **d)** the Stations of the Cross
- 14** The Church in the U.S. expects teens from various ethnic groups to be \_\_\_\_\_.  
**a)** American **b)** willing to speak English **c)** quick to adapt to American culture **d)** affirmed in their cultural and ethnic identity
- 15** Youth ministry is a chance for teens to get away from their families. True | False
- 16** Jesus said: "Let the \_\_\_\_\_ come to me, and do not prevent them; for the kingdom of heaven belongs to such as these" (Matthew 19:14).  
**a)** children **b)** bishops **c)** saints **d)** Pharisees
- 17** The traditional Lenten spiritual practices are \_\_\_\_\_, fasting, and almsgiving.  
**a)** pilgrimages **b)** prayer **c)** returning your Christmas gifts **d)** memorizing the Bible
- 18** The patron saint of youth ministry is \_\_\_\_\_.  
**a)** John Bosco **b)** Ignatius of Loyola **c)** Martin de Porres **d)** John of the Cross
- 19** Muslims fast during Ramadan. Catholics fast during Lent. Jews fast on \_\_\_\_\_.  
**a)** Sukkot **b)** Rosh Hashanah **c)** Yom Kippur **d)** Hanukkah
- 20** Lent is the time to prepare for the great triumph of Easter. True | False

## Kids' quiz *All About Lent*

DAVID O'BRIEN

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- 1** The first young person to accept Jesus into her or his life was \_\_\_\_\_.  
**a)** Adam **b)** the Blessed Virgin Mary **c)** Moses **d)** Pope Francis
- 2** \_\_\_\_\_ is a time for increased prayer, sacrifice, and service for all Catholics.  
**a)** Lent **b)** Before breakfast **c)** After dinner **d)** Sunday
- 3** The season of Lent lasts for \_\_\_\_\_ days.  
**a)** a million **b)** 3 **c)** 365 **d)** 40
- 4** Only adults become saints. Children and teens cannot be saints. True | False
- 5** The first day of Lent is \_\_\_\_\_.  
**a)** Valentine's Day **b)** Christmas **c)** Ash Wednesday **d)** Easter
- 6** The last day of Lent is \_\_\_\_\_.  
**a)** Valentine's Day **b)** Ash Wednesday **c)** Holy Thursday **d)** Easter
- 7** Lent is a time to pay special attention to and help \_\_\_\_\_.  
**a)** our parents **b)** those in need **c)** babies **d)** our teachers
- 8** During Lent, Catholics give up \_\_\_\_\_ on Fridays.  
**a)** meat **b)** fruit **c)** vegetables **d)** video games
- 9** Giving up something like a favorite food or activity during Lent is a form of \_\_\_\_\_.  
**a)** torture **b)** dieting **c)** punishment **d)** fasting
- 10** Jesus fasted during his life.  
 True | False



**DAVID O'BRIEN** teaches theology at St. Leo University in Florida and is the author of *There's a Beer in My Handbag: Unusual Thoughts about Everyday Faith*.

**ANSWERS TO Catholic I.Q.**

from pages 1 and 2

- 1. b)** World Youth Day (WYD) is the largest youth festival in the world, attracting as many as 5 million Catholic youth each time. Many priests, sisters, catechists, and youth ministers say they first heard God's call at the WYD.
- 2. d)** St. John Paul II said at WYD: "Offer your youthful energies and your talents to building a civilization of Christian love." The US Bishops add: "Jesus Christ calls you to follow in his footsteps and make a difference in the world today" (*USCCB.org*).
- 3. c)** Sin is an offense against God, a rejection of God's love and care for us. When we sin, we say to God: "I am in charge of my life; I decide what is right or wrong, what is good or evil, not you" (see CCC, 1850).
- 4. b)** God created us out of the dust of the earth, then breathed life into us (see Genesis 2:7). When our lives end, our relationship with Jesus and how we live will determine what happens next.
- 5. d)** Catholic youth ministry promotes a relationship with Christ, a commitment to live the Gospel, and active engagement in the Church's mission.
- 6. False.** According to the US bishops, authentic youth ministry will "offer young people a spiritually challenging and world-shaping vision that meets their hunger for the chance to participate in a worthy adventure" (*USCCB.org*).
- 7. d)** God knew Jeremiah from when he was in his mother's womb and promised him that he would speak through him despite his youth (see Jeremiah 1:4-10).
- 8. c)** St. Paul assured Timothy that, despite his youth, he could be a role model for others if he was faithful to Christ.
- 9. a)** Despite predictions that Catholic young people wouldn't be interested in a faith festival with bishops and the Pope, almost one million teens came to Denver to celebrate their faith and their Catholic identity.
- 10. b)** Youth ministry addresses the

catechetical, spiritual, developmental, emotional, social, communal, self-esteem, and service needs of teens.

- 11. False.** Effective youth ministry ensures that every activity includes catechesis that connects Catholic teaching to the lives of the teens.
- 12. a)** "One can never consider self-mastery acquired once and for all. It requires effort at all stages of life. This effort can be more intense . . . during childhood and adolescence" (CCC, 2342).
- 13. d)** Youth groups often offer a "Living Stations" during which teens perform a live rendition of Jesus' passion and death.
- 14. d)** Youth ministries must be "multiculturally competent and offer program content that is culturally appropriate and relevant to the needs of participants. Ministry with adolescents helps young people develop their identity by affirming and utilizing the values and traditions of their ethnic cultures" (*Renewing the Vision*; read more at [CATmag.us/2II0bKt](http://CATmag.us/2II0bKt)).
- 15. False.** "Ministry with adolescents should not take adolescents away from the family, but rather foster family life. Youth ministry should lead young people into a deeper faith life within their own families" (*Renewing the Vision*).
- 16. a)** Jesus also said of young people: "Unless you turn and become like children, you will not enter the kingdom of heaven. Whoever humbles himself like this child is the greatest in the kingdom of heaven" (Matthew 18:3-4).
- 17. b)** Prayer helps us to see ourselves as God sees us: loved but still attracted to sin. Consistent prayer opens us up to God's help in resisting temptation and sin.
- 18. a)** St. John Bosco devoted his life to serving street kids who often worked in factories under terrible conditions in 19th-century Italy.
- 19. c)** Yom Kippur, also known as the Day of Atonement, is a day of fasting for the Jews.
- 20. True.** The season of Lent invites Catholics to turn away from their sinful habits and return to the Lord for Easter.

**Kids' Quiz**

- 1. b)** Mary was a teenager when the Angel Gabriel appeared to her to announce that God had chosen her to become the mother of Jesus (see Luke 1:26-38).
- 2. a)** The season of Lent reminds Catholics to deepen their relationship with God through prayer and spiritual practices (see CCC, 1438).
- 3. d)** Like Jesus' 40 days in the desert (see Matthew 4:1-11) and the Israelites' 40-year journey to the Promised Land (see Joshua 5:6), Catholics spend 40 days doing extra spiritual exercises every Lent.
- 4. False.** Many children and teens have become saints, including Dominic Savio, Maria Goretti, Agnes, Dymphna, Justus, and the children of Fatima.
- 5. c)** During the Ash Wednesday service at church, Catholics receive blessed ashes on their foreheads. These ashes were made from burnt palms from the previous Palm Sunday.
- 6. c)** Holy Thursday marks the end of Lent and the beginning of the biggest three-day celebration in the Church: Holy Thursday, Good Friday, and Easter (see CCC, 1168).
- 7. b)** Catholic Lenten practices include almsgiving, which is giving to the poor and those who are suffering. Catholic Relief Services' Rice Bowl is a good example.
- 8. a)** Meat is a luxury for the rich. The poor, in Jesus' time and still today, eat only rice, bread, beans, or vegetables. Giving up meat is a way to connect to the poor who do without luxuries. We can also use the money saved by fasting from meat to help others.
- 9. d)** Fasting is a form of prayerful sacrifice. It also helps us recognize the false things we think will bring us ultimate happiness. Only God fulfills the deepest desires of our hearts.
- 10. True.** Immediately after Jesus was baptized, he went into the desert for 40 days of prayer and fasting. Alone and hungry, the devil tempted Jesus and tried to turn him away from his heavenly Father (see Luke 4:1-15).