

## ❧ Finding Signs of the Holy at Home ❧

Sacramentals are sacred objects that help us remember God's presence among us, the mysteries of the Catholic faith, and the saints who showed us how to live as disciples of Jesus. As a family, walk through your home and together look for sacramentals. Put a checkmark in the box beside each sacred object. Then follow the directions at the bottom of the page.

- |                                                 |                                                         |
|-------------------------------------------------|---------------------------------------------------------|
| <input type="checkbox"/> Bible                  | <input type="checkbox"/> blessed palms                  |
| <input type="checkbox"/> cross or crucifix      | <input type="checkbox"/> picture/statue of Jesus        |
| <input type="checkbox"/> picture/statue of Mary | <input type="checkbox"/> picture of the Holy Father     |
| <input type="checkbox"/> holy card              | <input type="checkbox"/> blessed medal                  |
| <input type="checkbox"/> prayer book            | <input type="checkbox"/> baptismal candle/white garment |
| <input type="checkbox"/> parish bulletin        | <input type="checkbox"/> rosary                         |
| <input type="checkbox"/> holy water             | <input type="checkbox"/> Advent wreath                  |
| <input type="checkbox"/> Church calendar        | <input type="checkbox"/> picture/statue of saints       |

1. Circle the sacramentals you found that are in plain sight.
2. Draw a box around the sacred objects you found that are not in plain sight.
3. Have each family member choose one of the objects you checked and tell how and when your family uses this symbol of faith.
4. Discuss how the sacramental you chose helps you grow in your faith.