

# SAINT MARIA JOSEFA

Feast Day: March 22

Maria Josefa was born in Spain in 1842. She was a person of compassion who dedicated her life to caring for people who were sick. In all she did, Maria lived the command of Jesus to love others.

In 1871, Maria Josefa founded a religious order devoted to caring for those who were sick. She taught the sisters in the order to care for others with love. The order grew and she visited each community.

Then Sister Maria Josefa eventually became ill and could no longer travel. She wrote letters to the sisters instead. Her example reminds us to not give up when life is difficult. Saint Maria Josefa was canonized in 2000.

*Draw a picture of yourself helping someone who is sick.*



*Saint Maria Josefa, pray for us that we may  
open our hearts to people who are sick.*