

SAINT HEDWIG

Feast Day: February 28

Hedwig lived in a castle because she was the Queen of Poland. She became queen in 1381. Hedwig was a good queen who was generous to her people.

This beloved queen shared the good news of Jesus Christ with others. She made sure that the sick and the poor were taken care of and had what they needed.

Hedwig was a person of prayer and often was seen praying in front of the cross in the church. We, too, are called to be people of prayer.

*Put a check mark by each of the ways
your family can pray together:*

- | | | |
|--|---|--|
| <input type="checkbox"/> <i>in the morning</i> | <input type="checkbox"/> <i>at mealtime</i> | <input type="checkbox"/> <i>to give thanks</i> |
| <input type="checkbox"/> <i>at bedtime</i> | <input type="checkbox"/> <i>with other families</i> | <input type="checkbox"/> <i>to ask forgiveness</i> |
| <input type="checkbox"/> <i>at Mass</i> | <input type="checkbox"/> <i>in our own words</i> | <input type="checkbox"/> <i>for others</i> |

*Saint Hedwig, pray for us, that we may
be generous to others as you were.*