

# A Family Together

A Group Activity for  
the Family at Home  
or Your Class Family

Jean Larkin

## Lenten Practices

*During the weeks leading to his death and Resurrection, Jesus strengthened his body, mind, and spirit for what was to come. Using Jesus as our model, we spend six weeks each year preparing our own bodies, minds, and spirits so that, on Easter Sunday, we may celebrate with Jesus his victory over sin and death. This activity brings to mind different ways we do that.*

**Directions:** A common Lenten practice completes the sentence of each clue. All the letters needed to find each answer are given in the boxes below. Decide which letters go with each answer and write them in order on the answer lines. Each box of letters is used only once. (It helps to cross through each box of letters as you use it.)

### Clues

### Lenten Practice

1. Giving to the poor is a form of \_\_\_\_\_.
2. Eating nothing between meals is called \_\_\_\_\_.
3. Giving up TV and forgoing treats are called \_\_\_\_\_.
4. Helping others is an act of \_\_\_\_\_.
5. Talking with God is a form of \_\_\_\_\_.
6. Doing without meat on Fridays is a form of \_\_\_\_\_.
7. Atoning for sin is an act of \_\_\_\_\_.

PE	NE	FA	ICE	TI	ES
AY	MSG	ER	PR	AL	NAN
NCE	ST	ING	CE	FIC	CRI
SA	NG	IVI	RV	SE	ABS

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Answers: 1. almsgiving; 2. fasting; 3. sacrifices;  
4. service; 5. prayer; 6. abstinence; 7. penance