

SAINT RITA OF CASCIA

Feast Day: May 22

Rita grew up as an only child in a small town near Cascia, Italy. She was a wife, a mother, a widow, and a nun. Despite many difficulties, she always trusted God.

Rita was married, but her husband was killed. Her sons wanted to avenge their father's death, but Rita forgave the killers. After her sons died, she went to the rival families and they agreed to peace.

Rita entered a religious order and, for many years, she served people who were sick or living in poverty. She died in 1456. She is a patron saint of impossible causes.



*Write down one way you will live
in peace with others*

*Saint Rita of Cascia, pray for us,
that we may live as peacemakers each day.*